



2026 NOF October Async Impromptu Speaking Prompts

For use in the NOF Oak Async (Oct 3-10th)

1. Anchors
 2. Restless
 3. "You have power over your mind, not outside events." — Marcus Aurelius
 4. "Still waters run deep."
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Looking for more information on how the event runs? Check out the tournament homepages on <https://forensicstournament.net/> and check out our By Laws